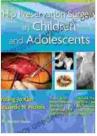
# Hip Preservation Surgery in Children and Adolescents: A Comprehensive Guide

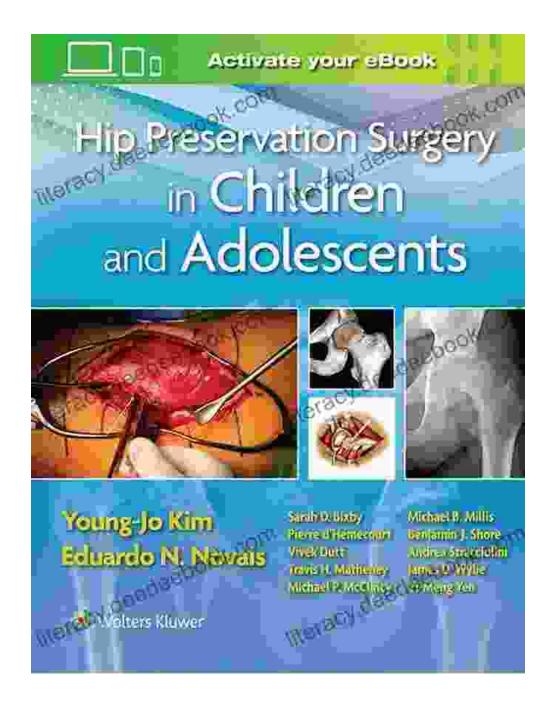




by Nick Pulford

****	5 out of 5
Language	: English
File size	: 93510 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced types	etting: Enabled
Print length	: 606 pages





Hip preservation surgery is a growing field that offers hope to children and adolescents with hip conditions that could lead to early-onset osteoarthritis. These conditions include hip dysplasia, femoroacetabular impingement (FAI),slipped capital femoral epiphysis (SCFE),and hip arthritis. Hip preservation surgery aims to correct the underlying problem and prevent or delay the onset of arthritis. This can be done through a variety of techniques, including:

- Osteotomy: This surgery involves cutting and reshaping the bones around the hip joint to improve alignment and reduce stress on the joint.
- Arthroplasty: This surgery involves replacing the damaged hip joint with an artificial joint.
- Arthroscopy: This surgery is performed through small incisions and uses a camera and surgical instruments to repair or remove damaged tissue in the hip joint.

#### **Benefits of Hip Preservation Surgery**

Hip preservation surgery can offer a number of benefits for children and adolescents with hip conditions, including:

- Pain relief: Surgery can help to relieve pain and improve range of motion in the hip joint.
- Improved function: Surgery can help to improve walking, running, and other activities of daily living.
- Prevention of arthritis: Surgery can help to prevent or delay the onset of arthritis in the hip joint.

#### **Risks of Hip Preservation Surgery**

As with any surgery, there are some risks associated with hip preservation surgery. These risks include:

- Infection: There is a small risk of infection after surgery.
- Bleeding: There is a small risk of bleeding during or after surgery.
- Damage to nerves or blood vessels: There is a small risk of damage to nerves or blood vessels during surgery.
- Failure of the surgery: In some cases, surgery may not be successful in relieving pain or improving function.

#### Long-Term Outcomes of Hip Preservation Surgery

The long-term outcomes of hip preservation surgery are generally good. Most patients experience significant pain relief and improved function after surgery. However, there is a small risk of developing arthritis in the hip joint later in life. This risk is higher in patients who have more severe hip conditions or who undergo surgery at a young age.

Hip preservation surgery is a safe and effective way to treat hip conditions in children and adolescents. This surgery can help to relieve pain, improve function, and prevent or delay the onset of arthritis. However, it is important to be aware of the risks associated with surgery before making a decision about whether or not to proceed.

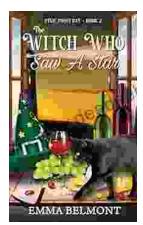


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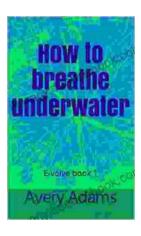
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